

Settlement Services

Newcomers Welcome Centre:

John Pritchard School, 1490 Henderson Hwy.

Phone: 204.669.9412

Email: retis@retsd.mb.ca

Settlement Team: Ramona, Maryna, Oleksandra

- Help to connect with community programs and services
- Help to access adult EAL classes
- Help with forms and documents
- Basic computer help
- Call the settlement office to make an appointment to meet with the settlement workers
- Drop-in services are not available at this time



Funded by:

Financé par :



Immigration, Refugees
and Citizenship Canada

Immigration, Réfugiés
et Citoyenneté Canada

The RETIS Team

The Newcomers Welcome Centre, located in John Pritchard School, is open for visits with a settlement worker. All office visits are by appointment only at this time. Drop-in visits are currently not available. To make an appointment to meet with a RETIS settlement worker, text or phone the settlement workers directly for help or to ask questions.



Ramona Lukaschuk
rlukaschuk@retsd.mb.ca
204.792.6701



Maryna Prystaiko
mprystaiko@retsd.mb.ca
204.918.6411



Oleksandra Solomenko
osolomenko@retsd.mb.ca
204.599.1547

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For more information about the Board of Trustees, visit: www.retsd.mb.ca > Your RETSD > Board of Trustees

Important Dates

- November 5—Daylight saving time ends
- November 11—Remembrance Day
- November 24—Co-ordinated day, no classes for children and adult EAL learners

Daylight Saving Time

Daylight saving time (DST) is the practice of setting clocks one hour forward in the spring and one hour back in the fall. Currently, 40 per cent of countries worldwide use DST to make better use of the shorter daylight hours in winter and to conserve energy.

In Canada, nine out of the 10 provinces and two of the three territories practise DST. In recent years, there has been increasing conversation in Canada and the United States about ending this practice.

Clocks will be turned back one hour on Sunday, November 5, at 2 a.m., so be sure to turn your clocks back one hour before going to sleep on Saturday night. DST also serves as a good reminder to change the batteries in your smoke detectors and carbon monoxide detectors each fall.

SMOKE ALARMS SAVE LIVES

**MAKE SURE YOUR SMOKE ALARMS PERFORM AS INTENDED
– WHEN YOU NEED THEM THE MOST**

- **TEST** smoke alarms monthly
- Change the **BATTERIES** every year
- Beware of **CHIRPING** smoke alarms – it's time to replace the batteries
- Replace older smoke alarms – **REPLACE** alarms that are more than 10 years old
- Know the **SOUND** of the smoke alarm and what to do if the alarm goes off



**REMEMBER, ONLY WORKING SMOKE
ALARMS CAN SAVE YOUR LIFE!**



Remembrance Day

In Canada, November 11 is recognized nationally every year as a day of remembrance to honour men and women who have served and continue to serve our country during times of war, conflict, and peace. Many people wear red poppies sold by the Royal Canadian Legion as a symbol of remembrance, especially for those who have sacrificed their lives for freedom. Each year, schools hold special events prior to Remembrance Day (schools are closed on November 11). Look online for Remembrance Day events taking place in communities across Manitoba.

Special Thanks

The RETIS Team would like to send our most sincere gratitude to the people and organizations that help support newcomer families in our community.

Thank you to the congregation from Transcona Memorial United Church for their very generous donation of school supplies for newcomer students in our schools. They have supported RETSD students for many years with school supplies. These kind gifts have been a huge help for students and teachers.

Many thanks to the Winnipeg Symphony Orchestra for providing free tickets to WSO performances through the Share the Music program. Many newcomer families have enjoyed experiencing the wonderful cultural experiences that Winnipeg and the WSO performances have offered. Thank you, WSO, for sharing the gift of beautiful music with newcomers in the community!



LINC Classes

Learners in the LINC classes are practising asking questions, sharing about special holidays, and learning about some new ones! Learners are practising many real-world tasks inside the classroom to support using these skills outside of the classroom.

Our classes range from Literacy to CLB 5. If you have any questions about our LINC classes or would like more information, please contact the program co-ordinator, Breanne Fryza, at 204.667.6793, ext. 3042, or by email at bfryza@retsd.mb.ca.



Care for Newcomer Children (CNC) Program

The children are learning all about colours! They've made red ladybugs and orange pumpkins, played with pink Play-Doh, and are learning about colour mixing. The children are practising how to cut by making crowns and paper chains.

They will have a Halloween party at Lord Wolseley School on Monday, October 30, and at Hampstead School on Tuesday, October 31. The children can dress up in costumes and enjoy some fun treats!

Winter Vehicle Care & Basic Vehicle Maintenance



Classes for Newcomers to Canada

Free classes for adults to learn more about winter care for vehicles and basic vehicle maintenance. Classes take place at Kildonan East Collegiate in the Auto Tech area.



RETIS—River East Transcona Immigrant Services

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et Citoyenneté Canada



FREE Classes

**Wednesday
November 8**

6:00 to 9:00 PM

**Kildonan-East
Collegiate
845 Concordia Ave.**

**Space is Limited
You Must Register to
Attend, Adults Only**

To register or for more
information contact:

**Ramona Lukaschuk
Settlement Worker**

rlukaschuk@retsd.mb.ca

Cell: 204.792.6701



Ice Safety in the Fall

Over the coming weeks, ponds, rivers, ditches, and lakes will begin to freeze. However, at this time of year, ice is NOT thick enough for adults, children, or even pets to walk on. Ice needs to be more than 15 cm thick for you and your loved ones to safely walk upon it. Please exercise caution.

SAFETY TIPS FOR FALL DRIVING:

Be aware of poor visibility – shorter days, falling leaves, rain & fog make it difficult to see

Slow down on wet pavement – wet leaves make pavement slippery

Be prepared for bright sunlight – sunrise occurs later in morning and presents challenges for drivers

Be aware of deer – deer become more active October 1st

Watch out for ice



This material is provided for informational purposes only. For specific questions regarding coverage, please talk to your independent agent.

We'll help you manage life's storms®

Making with Magformers

Play with Magformers® magnetic construction sets and build 3D creatures, cars, castles, or anything you can imagine!
Ages 6-12. 60 minutes.

Transcona Library

1 Transcona Blvd.

Monday, November 6 : 6:30 p.m.

Free. Phone 204-986-3956, visit or go online at winnipeg.ca/library to register.



Minecraft Poster Creations

Create a Minecraft biome using official Minecraft paper patterns. Design a farm, forest, mine, flying citadel or whatever you can imagine! Ages 6-12.

Transcona Library

1 Transcona Blvd.

Friday, November 24: 2:00 p.m.

Free. Phone 204-986-3956, visit or go online at winnipeg.ca/library to register.



Adult English Conversation Classes



- **Transcona Library**
1 Transcona Blvd.

- **Weekly classes**
Thursday
afternoons

- **Classes begin**
October 5, 2023

- **1:00 PM–2:30 PM**

- **FREE**

- **No childcare**

- **Registration
required**

River East Transcona Immigrant Services (RETIS) is offering free adult English conversation classes. Classes will be at the Transcona Library on Thursday afternoons until December 14, 2023.

These classes are best for people with beginner levels of English. You must register to attend. Space is limited, so register soon! For more information or to register, contact:

Oleksandra Solomenko—Settlement Worker
Cell: 204.599.1547

osolomenko@retsd.mb.ca



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FREE Flu & COVID Vaccine Clinics

Where:

Donwood Family Resource Centre

6-64 Donwood Drive

When:

November 2, 2023

2pm - 6pm

YOU CAN ALSO GET A FREE FLU SHOT AT THE:

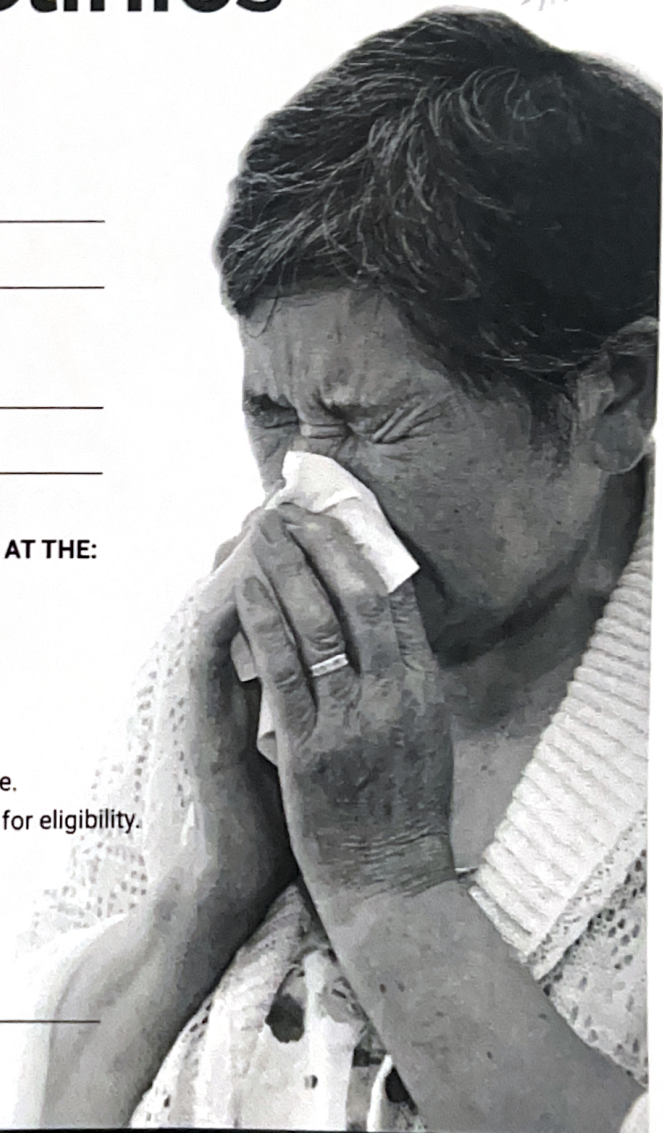
- Doctor's office
- Walk-in clinic
- Pharmacy
- Walk-in Connected Care clinic

Pneumococcal Vaccines are also available.
Please speak to your health care provider for eligibility.

For more information, call your local
Public Health team at:

204-938-5323

Health Links Info Santé at 204-788-8200.



Did you know?

- Each year, over 6,000 newcomers from 120 countries visit Manitoba Start for career supports.
- The majority of newcomers to Manitoba are internationally educated professionals and skilled workers with more than five years of experience.
- Manitoba Start offers employers quality staffing solutions, work placement programs, and post-hiring follow-up support.



About Manitoba Start

Manitoba Start connects business to a world-class workforce and is the leading provider of career services for newcomers to the Province. We address employers' recruitment needs by matching the unique skill sets of qualified, job-ready newcomers with employers' specific job requirements. We are a not-for-profit organization with charitable status and receive core funding from the Province of Manitoba. All newcomer and staffing services are offered at no charge.

Core Services

- Centralized Intake
- Career Services
- Job Matching
- Diversity Management Solutions & Business Supports

How do I Register?

Visit our website:
<https://manitobastart.com/for-newcomers/register-for-services/>

Registration appointment can be online or in-person.

Follow us on social media

 @ManitobaStart

Contact us

-  271 Portage Avenue
Winnipeg, MB R3B 2A8
-  204-944-8833
-  frontdesk@manitobastart.com
-  ManitobaStart.com



Services for Newcomers

Manitoba Start provides centralized registration for all newcomers arriving in Winnipeg, Manitoba. From one location, get access to services and supports to help you settle in Winnipeg:

- Needs and Assets Assessment and Referral Services (NAARS) for all newcomers arriving
- Referrals to orientation, language and education services
- Career information and planning
- Step-by-step guidance through the qualifications recognition process
- Supports to identify relevant, quality career opportunities and related alternative career paths
- Employment preparation: resumé and cover letter writing, interview skills, orientation to the Canadian workplace culture
- Networking opportunities with employers

At Manitoba Start, we help newcomers develop self-sufficiency and confidence to find and sustain meaningful employment in Manitoba.



Bringing you a
World-Class Workforce

Services for Employers

Looking for employees with high-quality skills and international expertise? Manitoba Start connects business to internationally educated, job-ready professionals.

Tapping into the abilities and new perspectives of skilled immigrants helps businesses to expand their market reach, maintain a competitive edge and build a forward-thinking, productive and diverse workforce.

Manitoba Start

- Matches organizations' hiring needs with job-ready, skilled immigrants who have the specific experience businesses require
- Coordinates work experience opportunities that fill employers' HR needs and may lead to full-time employment
- Provides opportunities to meet and recruit skilled immigrants through information sessions and hiring events
- Offers customized diversity training to support organizations in building cultural competence.

Looking to hire? Contact us at jobs@manitobastart.com

EDGE

Employment Essentials

FREE employment program for new PRs
and CUAET visas (CLB 1-4).

Program Includes

- Self Discovery/Barriers to Success
- Writing Resumes/Cover Letters
- Employment Counselling/Job Search
- Computer Skills

**New session begins October 30th. To register
today contact:**

eeeinfo@edgeinc.ca
204-254-1618 ex 307
533 St Anne's Rd, Winnipeg

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and Citizenship Canada

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Open House!

Wednesday, November 8 | 3:00pm - 6:30pm
6th Floor, 294 Portage Avenue

We're opening our doors to the community
to learn about our **FREE employment services**
for Winnipeg youth aged 16 - 29!

Free refreshments! Meet our team!
Sign up for services on the spot!

NEW! Are you receiving EIA?

Learn about the new **BEST** program for youth on EIA!
Get inclusive training and learn life skills to succeed
in the workforce.

Incentives include daily lunch, a bus pass, and an
honourarium.

*Info sessions for BEST at 3:30pm and 5pm.
Staff can book an intake interview on site!*

Emergency Services In Manitoba



Life-Threatening Emergencies

Dial 911 on your phone only for an emergency. This number connects you with police, ambulance and fire services. 911 calls are free. You can phone from a landline, a mobile phone or a public phone from anywhere in Canada.

Call 911 in the following situations:

- your health or safety is at risk
- another person's health or safety is at risk
- a life is in danger or there is a threat to people or property (for example, a fire)
- a crime is in progress
- a crime already happened and the suspect may still be in the area or might return to the scene of the crime
- it looks like a crime is about to be committed or has just been committed

Tips for calling 911:

- be calm and speak slowly and clearly
- stay on the line until you are connected to an interpreter (if you requested an interpreter)
- tell them what type of service you need (police ambulance, fire,)
- explain the situation
- give your exact address including your postal code
- give your name, address and telephone number
- answer any other questions
- stay on the phone until the operator tells you to hang up

- More information about 911 Manitoba:

<https://winnipeg.ca/ourstories/2019/190415.stm>

Ambulance

If you need an ambulance to take you to the hospital, your private insurance may cover all or some of the cost.

- To learn more about Emergency Medical Services in Manitoba visit:

<https://www.gov.mb.ca/health/ems/>

<https://www.winnipeg.ca/FPS/Billing/Ambulance%20Service%20Rates.pdf>

Non-Life Threatening Emergencies

There are different ways to get help. Make sure that you know the different services that are available to you. This will help you decide quickly what to do when there is an emergency.

Police

Police in Canada can be trusted. Their job is to make sure people feel safe. They use the law to take action and their job is to protect you. It is a crime to bribe, or offer money to a police officer.

A non-emergency can include a suspicious circumstance when something feels strange. It could also be a crime where the offender has already left and is not returning. You may be directed to go into a police service centre to make a report.

- If you are reporting something to the police that is not an emergency, dial the police non-emergency telephone number:

204-986-6222.

<https://www.winnipeg.ca/police/>



YMCA Community Action Network

Lead
the way!

Shine On 

FUNDED BY
**CANADA
SERVICE
CORPS** | **Canada**



Team up with your peers, develop projects that respond to your local community needs and we will bring it to life. Together we will make it happen.

Join a YCAN service project near you by visiting us at:
ywinnipeg.ca/youth-empowerment/ycan

For more information about the program contact our local coordinator:

Name: Dana Lance (she/her)
Phone: 204-560-7268
Email: dana.lance@ymanitoba.ca